

Denise Hansard  
Owner/CEO, Coaching2Dream



Executive Life Coach & Motivational Speaker | Author of *Suffering In Comfort*

Are you a professional woman who has climbed the corporate ladder but still feels unfulfilled and empty inside, yearning for something more?

Denise has heard all the excuses from professional women who got degrees and promotions and moved up the corporate ladder only to feel unfulfilled, disappointed, and empty inside. They yearn for more joy, more happiness, and more of being real, even when that inner voice says, 'Not gonna happen.'

Women who've reached this pinnacle in life push that voice deep inside until they can't anymore. Then they seek an executive life coach to work with. As an experienced executive life coach, Denise specializes in guiding professional women to quiet that inner voice, unlock their true potential, and find fulfillment in their personal and professional lives, allowing the excuses to disappear easily.

Whether seeking clarity on the next steps, deeper self-discovery, or planning for a fulfilling life in and after corporate, Denise is here to guide you through this transformative journey. Through a blend of reflective coaching, strategic planning, and empathetic listening, she assists her clients in solidifying their ideas, discovering their true selves, and creating a roadmap for success and happiness.

As an executive life coach, Denise helps clients gain clarity, enhanced self-awareness, and the confidence to embrace their true potential.

**LinkedIn:** <https://www.linkedin.com/in/denisehansard>

**Company Website:** <https://denisehansard.com>

**Coaching Credentials:**

Masters in Counseling

20+ years in Corporate as a Certified Pricing Expert

Certification in Life Coaching with Life Mastery Institute (Mary Morrissey)

DreamBuilder Coach Training

Sacred Money Archetype & Branding Training with Kendall Summerhawk

Expertise in life & career transitions, emotional trauma, transformation work, money blocks, etc.

**Areas of Expertise:**

Agility and Innovation

Career Exploration

Choices

Conflict Management

Empowerment

Growth

Leadership Effectiveness

Mindset

Motivational Speaker and Trainer

Navigation of Workplace Relationships

Work/Life Balance